Public Instruction	EPTEN	/IBER	LUNCH MENU	Key: Bold Items include a recipe *Applies to 9-12 menus only
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SCHOOL SCHOOL	Cheesy Chicken Quesadilla Salsa/Sour Cream Rice & Refried Beans Mixed Veggies Diced Pears & Peaches	Popcorn Chicken Bowl Mashed Potatoes and Gravy Corn and /or Baby Carrots WG Graham Crackers Applesauce	Mini Corn Dogs w/ Dipping Sauces Tator Tots Green Beans Mixed Berries w/whipped cream WG Treat	BBQ Pulled Pork Sandwich Harvest Cheddar Sun Chips Pasta Salad Fresh Veggies and Dip Fresh Fruit Choices
Build Your Own Cheeseburger Fresh Toppings French Fries Baked Beans Applesauce & Mixed Fruit	Soft Shell Beef Taco Salsa/Sour Cream Rice & Refried Beans Mixed Veggies Diced Pears & Peaches	Baked Pasta W/ Meat Sauce Garlic Toast Green Beans and/or Carrots Sliced Apples w/ cinnamon Fruit Cocktail	Cheese Pizza Slice Steamed Broccoli Steamed Cauliflower Strawberry Cup Peaches	Hot Ham and Cheese Sandwich Harvest Cheddar Sun Chips Creamy Coleslaw Carrots and Dip Fresh Fruit Choices
Orange Chicken Brown Rice Stirfry Veggies Pineapple /Mandarin Oranges Fortune Cookie	Beef Nacho Bar Salsa/Sour Cream Rice & Refried Beans Mixed Veggies Diced Pears & Peaches	Chicken Nuggets Mashed Potatoes & Gravy Corn Sliced Apples w/ cinnamon Fruit Cocktail	Pizza Dippers W/ Marinara Sweet Peas Honey Dilled Carrots Mixed Melons Grapes	Chili Cheese Dog Baked Beans Carrot Sticks and Dip Applesauce Tropical Fruit Mix
Meatball Sub Tator Tots Creamy Coleslaw Fresh Veggies and Dip Fresh Fruit Choices	Soft Shell Beef Taco Salsa/Sour Cream Rice & Refried Beans Mixed Veggies Diced Pears & Peaches	Chicken and Waffles Potato Wedges Baby Carrots Blueberries Kiwi	Cheesy Ham & Potato Casserole Dinner Roll Green Beans Sliced Carrots Pineapple & Applesauce	Deli Turkey Sandwich Baked Chips Sugar Snap Peas Chocolate Chip Cookie Fruit Cup
Breaded Chicken Sandwich Sweet Potato Fries Green Beans Coleslaw Peaches & Mixed Berries	PB&J OFFERED AS A 2 ND OPTION. Fresh Fruit and Veggies offered Daily!			Please don't forget to keep your accounts current!
September 2024 This institution is an equal opportunity provider. A variety of milk options are offered daily				